

The Spectrum

NORTH DAKOTA STATE UNIVERSITY | FOR THE LAND AND ITS PEOPLE

President Dean Bresciani encourages students to stay in Fargo over Thanksgiving break

Residence halls will remain open as the NDSU community is advised to not travel and students share their thoughts



Residence halls will be open at no extra cost to student.

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Organize yourself!

Samantha Davis
Staff Writer

President Bresciani wrote an email to the campus community on Nov. 5 advising everyone to stay in Fargo during the upcoming Thanksgiving break. The request to avoid returning home is to reduce the chance of a spike in COVID-19 cases.

"Travelling and attending family gatherings will be a sure way of spreading the virus," Bresciani wrote, acknowledging the severity of the current outbreak. "We do not want students contracting the virus over the break and returning to campus with it."

Kiri Scott, a junior, is optimistic about campus protocols. "I know NDSU is trying to keep both the students and staff safe," Scott said. "Dean Bresciani has been happily sharing news to the students the whole semester and I appreciate the openness to the subject."

Scott acknowledged the tough feelings some may face with not going home over break. "While it will be unfortunate to be stuck here for Thanksgiving, I know campus will make it as fun as possible."

Scott said her plans are to get tested before doing any travelling.

Relating to Bresciani's efforts in keeping campus open, senior Kate Byron also shared appreciation towards the consistent community updates. "I think the [president] is doing a good job of keeping us informed on what's happening right now."

Byron mentioned the flexibility NDSU is offering while other universities may not. "It's nice we get to come back to campus after Thanksgiving, as a lot of schools are sending people back home for the semester, but I do worry about the possible spike in cases," Bryon said.

"It's nice we get to come back to campus after Thanksgiving, as a lot of schools are sending people back home for the semester, but I do worry about the possible spike in cases," Kate Byron, NDSU student.

Sophomore Marly Holmquist explained her concerns as an underclassman about a possible increase in cases after the break. "I don't want us to have to be sent home again... I am nervous if cases spike too much, I will be kicked out of my dorm and forced to move home."

While understanding the purpose of Bresciani's email, Holmquist added the struggle students may encounter. "It is very hard to consider not going home," she said. "Being away from family for this long is hard."

Students who are travelling for break are being strongly advised to get tested before

leaving and after returning to Fargo.

Katlyn Balstad, a junior, also offered insight to the situation and her plan to quarantine prior to break. "I am going home before Thanksgiving to quarantine with my family through winter break," she said.

Balstad talked about how students travelling could cause a possible outbreak throughout the country. "Students travelling back and forth between different cities will lead to exposures all across the United States," she said. "I feel the small sacrifice of choosing one location to spend the rest of the semester is important to stop the spread."

In response to students being asked to stay in town, all residence halls will remain open over the break for no additional costs, Bresciani announced. Students staying are asked to notify the Residence Life staff.

Marketing Specialist for Dining and Residence Life, David Teebles, said they are currently working on the Thanksgiving break plan. "Students planning to stay over break must sign-up for break housing, which is available for no additional fee this year," he said.

Teebles added that once details are confirmed, they will send out updates via email, the dining center website and across social media.

For updates regarding Residence Life and dining center plans, check out ndsu.edu/dining

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\$16 million goes to oil fracking

Members of the North Dakota Legislator's Budget Section debated where the money should be directed

Alissa Knudson

Staff Writer

On Oct. 28, the North Dakota Legislator's Budget Section approved a request from the state's Industrial Commission. This request contained \$16 million to provide grants to oil companies. North Dakota legislators approved this request in hopes to receive positive benefits in the future for North Dakota.

With these incentive grants, the state's Oil and Gas Division will employ five-10 fracking crews. This \$16 million would allow work on up to 80 wells. These wells have been drilled previously but are still uncompleted.

The vote had some controversy as some legislators thought this money could be put to better use for COVID-19 relief. Sen. Tim Mather said during the Budget Section meeting that there are "other ways to spend that \$16 million that are directly related to the coronavirus pandemic."

Some members of the Budget Section felt that this money would be better spent on nursing homes, human services and education during the pandemic.

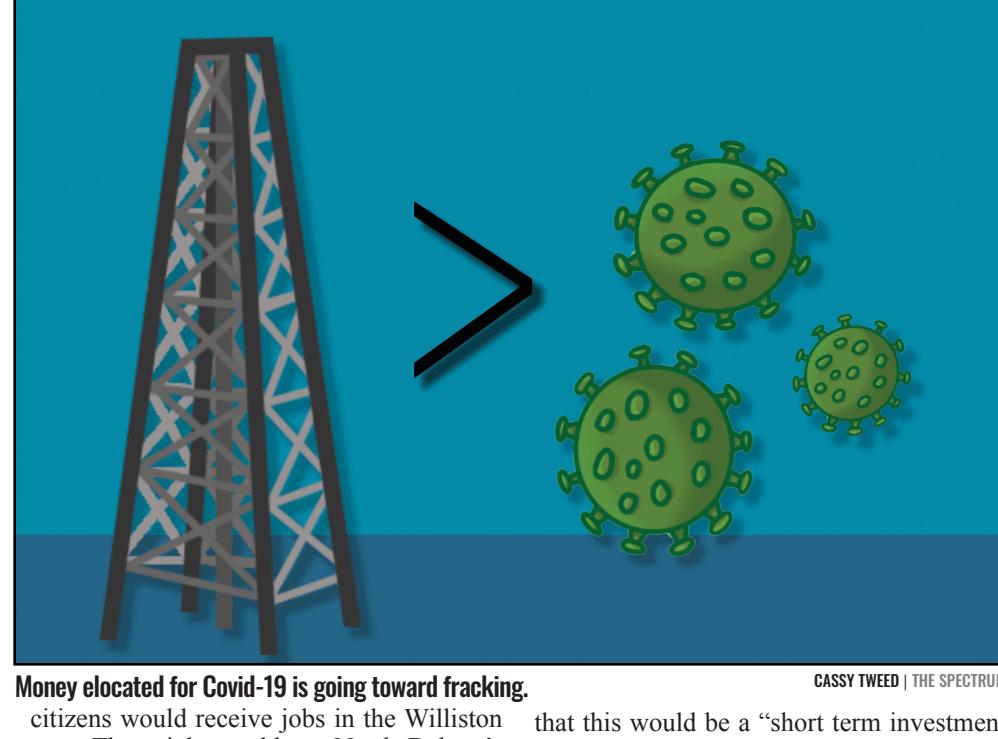
With the winter months arriving in North

Dakota, citizens are becoming nervous about how the virus will grow. "The consequences of the pandemic will become much more dramatic as we go through this winter," Mather said. Many fear that without money for COVID-19 relief, the virus will spread even quicker through these next months.

However, others see this \$16 million as an investment into North Dakota's future. Lynn Helms, Director of the Department of Mineral Resources, sees North Dakota getting a profit from these wells within a year. "We only need nine of these wells to be completed to pay back the entire \$16 million within the next year," Helms said. The revenues from these projects could be used to support programs such as public health, nursing homes and schools.

This also will help North Dakota's economy in job production. This grant will provide 150-200 long term production jobs as well as 500-1000 fracking crew jobs. Coronavirus has led to high levels of unemployment in North Dakota, these grants could help to reduce those numbers.

Brad Bekkedahl, a State Senator from Williston, said "we are facing an unemployment disaster out here that the rest of the state is not seeing." By providing these grants, unemployed North Dakota



Money allocated for Covid-19 is going toward fracking.

citizens would receive jobs in the Williston area. These jobs could get North Dakota's economy moving and bring more money to the state in the future.

Sen. Dick Devers, from Bismarck, stated

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that this would be a "short term investment for long term benefits." By providing this grant, North Dakota will see revenues within the next six months, which can be used for coronavirus relief and aid funding.

Patriotism matters: how to support our student veterans

Despite the pandemic, everyone can still show their support to veterans



JOHN SWANSON | THE SPECTRUM

The Fallen Bison Memorial.

Panashe Matemba-Mutasa

Staff Writer

As the pandemic rages on, many companies and organizations have had to get creative with celebrating Veterans Day. At North Dakota State University, the Bison Student Veterans have traditionally held various events and activities to honor the current and past NDSU students and staff who have served our country.

Given the circumstances this year, there will be no in-person events held. Instead, Bison Student Veterans teamed up with NDSU VALOR (or Veterans Alliance Organization) to put together a safe alternative to honor our veterans.

According to Chase Tozer, the Vice President of Bison Student Veterans, the two organizations have created a video that will acknowledge Veterans Day.

"The video will be displayed on the school's social media pages, VALOR's Facebook Page, and the Bison Student Veterans will send out an email and a Facebook Post. The Bison Student Veterans are working with many other organizations to post this video and other Veteran's Day material," Tozer said.

In addition, Tozer stated that President Bresciani has prepared his own video honoring veterans.

While emphasis is being placed on safety and social distancing protocols, there is, fortunately, an event that will still be taking place as usual this year, the flag-raising ceremony.

"Students can participate by attending the flag-raising ceremony on Wednesday and meeting/talking with veterans and student-veterans afterwards. This is the only in-person activity taking place that day," Tozer said.

The Bison Student Veterans have also worked to make the event accessible for students who will not be able to attend in person. "Virtually, students can watch the videos and are welcome to share them on their personal outlets. We want this word to be spread the best we can in the NDSU community," Tozer added.

It is important to remember that even though Veterans Day is celebrated on Nov. 11, there are ways that students can get involved and honor our veterans every month of the year. Although Bison Student Veterans exists to provide support for NDSU's student veterans, Tozer explained the organization is open to all students.

In addition, students can support our veterans by becoming a Valor Ally. NDSU Valor offers this opportunity to all students who demonstrate a commitment to supporting and advocating for student veterans.

For more information on getting involved with the student veteran community at NDSU, as well as upcoming events, visit the Bison Students Veterans Facebook page at <https://www.facebook.com/BisonVeterans/>. For additional resources, visit the NDSU Valor webpage at <https://www.ndsu.edu/valor/>.

Mental health first aid sessions teach members how to help others

The sessions will explain the signs of mental health concerns

Anne Kesler

Contributing Writer

A recent study in 2020 revealed that out of 30,725 undergraduate students from nine different research universities, 35% of them had major depressive disorder and 39% tested positive for generalized anxiety disorder. Another 15,346 graduate and professional students were also examined and the results showed that 32% were positive for major depressive disorder and 39% for generalized anxiety disorder, according to insidehighered.com.

People who are suffering from these disorders often do not recognize the signs themselves and miss out on the help that they may need.

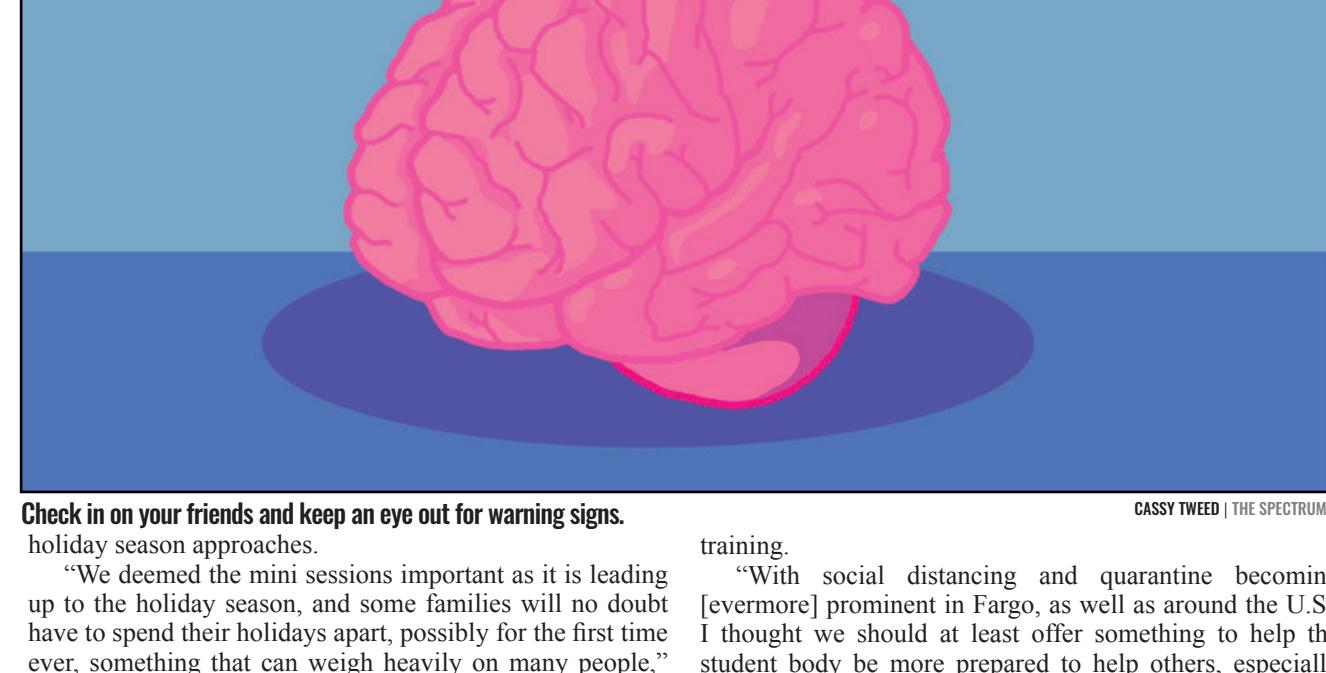
This year, North Dakota State University's Counseling Center is offering Mini-Mental Health First Aid training sessions via Zoom throughout the school year. The purpose is to educate NDSU members on the basics of how to help someone that suffers from anxiety, depression and/or substance abuse until they are referred to a professional.

This training, like regular First Aid or CPR, is designed to teach people the skills and techniques to help someone who is developing a mental health problem or experiencing a mental health crisis. The course uses role-playing and simulations to demonstrate how to recognize and respond to warning signs of a specific illness.

"The main goal for the session is to have attendees learn about what mental health concerns are, how to recognize them and how to help those with concerns get the help they need," Bill Burns, the Director of the NDSU Counseling Center said.

"[People who are trained] will be able to recognize signs and symptoms of anxiety, depression, substance abuse and problems that can lead to suicidal ideation and self-harm," Burns said. "Also, that they will know how to refer those with concerns to appropriate help."

Unfortunately, due to the pandemic, those who seek out certification from this course will have to wait until a later date; however, there will be sessions before the fall semester ends to learn more information about helping others as the



Check in on your friends and keep an eye out for warning signs.

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holiday season approaches.

"We deemed the mini sessions important as it is leading up to the holiday season, and some families will no doubt have to spend their holidays apart, possibly for the first time ever, something that can weigh heavily on many people," Cohl Ringler, a student senator who works with Burns said.

"And so by offering this, I hope to be able to mitigate some of the stress that some families may be seeing these next two months."

Typically, an NDSU member would attend an eight hour, in-person training sessions that happen a few times a year and receive a certification for the course. However, because the pandemic has challenged the way events are held and proper training over Zoom can be difficult, official certification will have to be postponed. Attending the Mini-Mental Health First Aid sessions will provide a basic understanding of the material and cover the most important parts of MHFA

training.

"With social distancing and quarantine becoming [evermore] prominent in Fargo, as well as around the U.S., I thought we should at least offer something to help the student body be more prepared to help others, especially with the world we are living in currently," Ringler said.

Educating others to recognize signs of people who may be suffering is a giant step towards decreasing depression, anxiety and substance abuse rates. Learning how to approach a sensitive subject with someone who is in need of serious help could end up saving their life.

The sessions will be from 5-7 p.m. on Nov. 18, Nov. 30 and Dec. 2. Student Government will be sharing a flyer on their social media page and plan to put it on the video screens in Residence Life.

For more information, students can visit NDSU's Counseling Center page.

State House candidate dies from Covid-19, wins election

Gov. Burgum and ND Attorney General Stenehjem have given differing opinions on how the seat should be filled.

Jacob Fehrenbach

Co-News Editor

David Andahl was recently voted into a state House seat for North Dakota's District 8. However, Andahl suffered from some unnamed medical problems, and when he contracted COVID-19 in early October, he was hospitalized and ended up dying a few days later. The election was still in full swing, as many voters had already cast their absentee ballots, so the question of who or how the seat would be filled was proposed to North Dakota Attorney General Wayne Stenehjem.

Filling the Seat

Dr. Kjersten Nelson, an associate professor of political science and public policy at NDSU, commented on voting habits and legal statutes.

"The rules for how seats are filled between elections are very specific to the state, locality, or sometimes the district," Nelson said. "Of course, separate from the legal questions are the more philosophical questions of what the right or fair process should be, but most political units in the United States have laws or rules that determine what happens in these sorts of situations."

In an opinion in late October, Stenehjem said that if Andahl won the seat, that Andahl's local Republican Party would be able to appoint someone from their party to fill the vacant seat until a special election. Under state law, a committee that represents the party of the legislative seat's previous office holder is supposed to select the person who will fill the seat. This could mean that previous Rep. Jeff Delzer could regain his seat, which he lost in the Republican primaries in June.

Governor Doug Burgum, in a statement on filling Andahl's seat, said "the only legal and constitutionally viable way to fill the District 8 seat is through gubernatorial appointment." In other words, Burgum believes that he should fill the seat rather than the Republican party. Burgum announced that he was appointing BNI Energy President Wade Boeshans to the seat. It has not been stated whether or not there will be a special election.



Andahl was endorsed by Gov. Burgum as well as Sen. Cramer for being a "Trump Republican."

DAVID ANDAHL | FACEBOOK | PHOTO COURTESY

Informed Voters?

Nelson said that there are many possible reasons that North Dakota voters may have selected a dead man as a public servant.

"It could be a few things, which we can only guess at without more in-depth research," Nelson said. "But it could be that some voters had not heard that the candidate died. It could also be that voters knew the candidate had died, but determined that whatever Republican was chosen to fill the slot would be preferable for them to the other candidates they had to choose from."

Nelson said that voters are generally more informed today than in previous decades. She said that motivation to pay attention is one of the ingredients of political knowledge and that far more people were paying more attention to this campaign season compared to previous decades.

"It is just so easy to find information now, online and through social media," Nelson said. "Whereas in previous

decades, there may have been a concern about too little information, the concern now might be over too much information. People just can't process all the information out there."

Nelson said that there are concerns about misinformation or disinformation concerning citizens' political knowledge. There is less gatekeeping now than when the media was more centralized, and this makes it easy and possible to share and spread false information very quickly.

It is unknown whether District 8 voters would have voted for Drexler or another Republican candidate had there been more time to replace the late Andahl, but it is likely that a Republican would have won the seat regardless. In the race for ND House of Representatives District 8, there were two open seats and no incumbents. Andahl (R) and his co-runner Dave Nehring (R) received 35.5% and 40.7% of the vote respectively, compared to Kathrin Volochenko's (D) 11.4% and Linda Babb's (D) 9.9%.

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Review: Sally Boy stuns with self-titled project 'EREZ'

This represents the artist's debut EP

Grant Ayers

Staff Writer

With the genre of indie-pop music becoming more crowded than ever, it's becoming increasingly challenging for artists to break big. That seems to be no issue for rising singer Erez Potok-Holmes, aka Sally Boy.

Potok-Holmes, a Los Angeles native, is no stranger to the music industry. Having been in a band for a few years already, he made the challenging decision to depart the group and embark on a solo adventure. Beginning with nearly nothing except some singing/songwriting experience and knowledge of the music industry, Sally Boy has seen an impressive rise in solo fame already.

Despite only releasing three songs before the EP, Sally Boy demands that his voice be heard with the release of his first full-length project. Over seven songs and a mere 18 minutes, the artist sings, raps and quite simply, fascinates.

Following in the footsteps of other indie-pop artists Dominic Fike and Mac Ayres, among others, Sally Boy delivers a smooth blend of guitars and mellow drums layered with his signature crooning vocals.

With a project this small and critically acclaimed, it's hard to determine standout

tracks when they appear to be receiving similar, significant love. All three pre-released singles, the self-titled "Sally Boy", and other hits "Stormy" and "Sippy Cup", have seen a rise in attention through their inclusion on the album.

While each track is a stellar, glorious representation of him and his artistic creation, the project flies by without a glance. Some could argue that the EP is too short to make an impact, but it could also be seen as a mere preview into what he has in store for his fans in the future.

In this taunting preview, however, Sally Boy offers a multitude of genres to come, as well as a showcase of the many instruments he can implement in a single chorus. After learning to play the piano as a child, he picked up how to play guitar, drums and creating blends of these instruments in the studio. It's simply remarkable to hear in the short project that is Sally Boy and will be exciting to hear in the coming projects his fans have yet to hear from him.

While the artist is still on the rise and not well-known, that's all bound to change within the coming months. His R&B/Pop blend that offers a bright distraction from everything around us is more than enough to put him on everyone's radar.

Review: 4.5/5



The singer has seen a rapid rise in popularity in the past three months SALLY BOY TWITTER | PHOTO COURTESY

Xbox Series X/S or PlayStation 5

The Next Generation of Gaming starts this week, what should you buy?

Max Borman

Staff Writer

This week is a momentous week for gamers everywhere. We are officially entering the next generation of video games with the launch of the Xbox Series X, Xbox Series S and PlayStation 5.

However, this is a strange console launch, as most of the large next-generation games have been delayed until next year and there is a short supply of consoles.

Barring any stock issues, which there will be plenty, what console should you pick up this holiday season? Well, they both have their pros and cons so let's go over them.

Xbox Series X

The Xbox Series X is the flagship console of Microsoft for this generation. It has a confusing naming convention; Microsoft just does not seem to know how to count.

It seems to be the perfect machine for any Xbox fan as it can play games from each Xbox console. That means you can put Xbox One, Xbox 360 and Original Xbox games into this console and play them without any problems. Not every game works on the new console but a large amount does. You can find a full list of what games will work online.

If you own an Xbox One, then your controllers can also make the leap to Xbox Series X. Every controller works with the new console so you can save money, but if you want more than one of the new Series X controllers, you will have to fork over a pretty penny.

The console itself is pretty impressive. It isn't very pretty, it kind of looks like a mini-fridge, but it has some nice technology on the inside. You can go look at the complete specs if you are into that sort of thing but for those who aren't, there are a couple of important bits you may want to know.

The Xbox Series X will be able to play your games in full-on native 4K, if you have a 4K TV that is. The console can also run some games at 120 frames per second, which means the gameplay will look smoother and run faster. They will also load a lot faster with the Xbox's SSD.

However, to get the full benefits of the 4k and 120 FPS, you will probably need to get a new TV. Even with an older TV, your games will look nicer and smoother but if you want the full experience you will need to upgrade.

The real seller of the Xbox Series X, however, are the services and the price. If you qualify, you can get yourself an Xbox Series X plus Xbox Game Pass Ultimate for \$35/month for 24 months. This will get you the console plus access to the online service and 100+ games right away. Otherwise, you can buy the console outright for \$500 and pay \$15/month for Game Pass Ultimate.

Game Pass Ultimate gets every Xbox first-party game day one, this includes the latest in franchises like Fallout and Halo. The Game Pass now also includes EA Play, Electronic Arts monthly subscription service that lets you play many Electronic Arts games, including The Sims 4 and Star Wars Battlefront 2.

Xbox also offers something called smart delivery. If you buy the Xbox One version of certain games, you will get the Xbox Series X version included at no extra cost. You can find the complete list of Smart Delivery titles on the Xbox website.

The Xbox Series X boasts incredible power and a pretty great service in Xbox Game Pass Ultimate. If you are an Xbox fan or do not have a lot of money to spend on a new console, then the Xbox Series X will probably be a good pick.



The PlayStation 5 and Xbox Series X launched this week; which one should you buy?

Xbox Series S

The Xbox Series S is the second console that Microsoft released this week. It is less powerful and cheaper than the Xbox Series X and is made for those who want the next-gen experience without the cost.

The console is fairly similar in specs to the Series X. However, instead of 4K, it can play games in 1440p but hits 1080p most of the time. The console is smaller than the Series X and boasts a white body instead of black.

The console does not have a disc drive and really does not have much space. But it is \$299 instead of \$500 and with the Xbox All Access program it comes to \$25/month for 24 months including the Xbox Game Pass Ultimate.

It will be able to play every game the Series X can play, just with less power. This model is for those who are tight on cash, don't really care for 4K and still want to play the next generation of games.

PlayStation 5

The PlayStation 5 is the new console from Sony, they actually know how to count. It comes in two models, disc or digital, with a \$100 difference between the two.

The PlayStation 5 is a pretty impressive machine as well. It looks a lot like a futuristic router and is very big, you may need to change your entertainment system around a little due to the size of this thing.

The tech inside is pretty impressive and they completely re-did the design of the PlayStation controllers. Gone are the days of DualShock, as the new controller, called the DualSense, looks more like an Xbox controller.

The controller features haptic feedback which means that there will be subtle vibrations when playing the games and adaptive triggers that will be harder to press depending upon what you are doing in the game. Time will tell if developers utilize this feature or if it goes by the wayside like the DualShock 4's speakers.

The console itself allows for up to 120 fps in 4K if you have the right TV. Much like the Xbox Series X, you won't experience the full extent of what this console has to offer if you don't also upgrade your TV.

The SSD on the device is impressive as it significantly

decreases the load times of games. You'll be able to jump into your game faster than you could on the PS4.

The PS5, however, does not offer something like Xbox Game Pass or a payment plan like Xbox All Access. So, you will have to be ready to fork over the \$500 if you want to utilize discs or \$400 if you are okay with digital.

The PS5 does offer something known as the PlayStation Plus Collection. This is a bundle of PS4 games that you can play on your PS5 at launch if you subscribe to PlayStation Plus. This collection includes 20 games so far including games like The Last of Us Remastered and God of War.

The big draw of the PS5 is not the faster loading times or the 4K resolution but the games that will be coming to the system. Most of the games have been delayed until next year like Horizon: Forbidden West and Ratchet and Clank Rift Apart but at launch, you will be able to get your hands-on Spider-Man: Miles Morales.

If you are a PlayStation fan or interested in the exclusive games that are coming to the PS5 then this will be a good console to pick up. Most of the games have been delayed until next year so there isn't much in terms of exclusives yet.

The Xbox Series X, Series S and PlayStation 5 are pretty impressive machines. The Xbox has the services and cheap price while the PlayStation 5 has the great exclusive games. To ensure you don't miss out on any games you should try to pick up both, and with the \$35/month price tag of the Xbox it makes it super easy.

However, not everyone has the money to buy a next-gen console, so it comes down to what you want out of your console. Do you want the great services, or do you want the single-player exclusives? Either way, you won't be disappointed.

Just remember that if you want to get the full next-gen experience you will also want to upgrade your TV. Might want to go looking on Black Friday.

Don't feel the need to rush out and get one now though, good luck finding one. Most next-gen games aren't even coming out for a year or two, so you'll be just fine with an Xbox One or PlayStation 4 for a little while. You won't miss out on any of the new games yet.

Film vs Novel: The Giver

Re-examining Lois Lowry's classic young adult novel and the forgotten 2014 film remake

Troy Timmerman
Contributing Writer

The film is set in a technologically advanced world similar to those in The Hunger Games or The Maze Runner, but in The Giver, it feels canned. The mechanism of government control in the book was never coercion through technology, but control through limiting information and controlling how citizens think. Technology is not necessary for a society to be controlled in this way, and Lowry indicates this partly by having her characters travel on bicycles (and old ones at that).

Because the scene is not so different from our world, in Lowry's work, we are forced to reflect on the ways in which our own society controls us through information. Director Philip Noyce's foreign, unrealistic and harder to relate to the world does not prompt comparisons to our own with the success of Lowry.

For example, instead of bicycles, Noyce's film uses motorbikes and moveable monstrosities that are supposed to be futuristic. Yet, the future somehow forgets the use of spokes and instead opts for solid tires. Apparently, we are supposed to believe in a future that is able to monitor a citizen's every action through omnipresent cameras and drones, and yet, forgot basic physics and had such an abundance of resources that they could use discs for wheels.

Despite the success of Lime, it's still hard to relate to a universe where people travel around looking like fools who made some horrible miscalculation pedaling away during a spin class.

The Presentation:

Lowry writes with power and elegance in a way that is approachable and appropriate for younger readers and engaging for adults as well. Her prose is not overwrought but flows well and is touching at times.

The story hinges on the main character, Jonas and his enlightenment about the nature of the world – the suffering and joy that it contains which has been hidden from him until he becomes the receiver of memories. A novel benefits tremendously from telling a story of this nature because it can reveal the inner thoughts and experiences Jonas has as he gains this knowledge and decides whether or not to share it with his community.

The film, on the other hand, feels as stiff and awkward as a middle-school dance. Instead of experiencing Jonas' transformation from his perspective, we have a few interpolations of soliloquy such as this: "I have felt things and they were warm, and they were nice and they were beautiful. I have felt things."

One other cringeworthy moment will be relatable to us in the Midwest:

Jonas : I apologize?

The Giver : Don't say that. "I apologize." Don't apologize to me ever again. Not here. We haven't the time. "I apologize." That's an automatic pleasantry. It doesn't mean anything.

Jonas : I apologize. I'm sorry. I mean...

Perhaps it's not relatable outside of the Midwest, but in Dakota territory this interaction is realistic.

The love story between Jonas and Fiona (an aberration from the book) will also force viewers to remember awkward middle-school experiences. To the filmmakers' credit, this probably was a necessary add-in to engage viewers since they failed to capture the crux and strength of the novel: we cannot protect ourselves from suffering without destroying joy.

The novel raises many interesting questions that are poignant now: how can you have any faith in a system after you learn it lies? Is it right to protect someone by keeping the truth from them? Is it better to suffer for love, or to live without both?

The Acting:

Still, there are moments in the film that do capture the force of the book. These mostly are during the excellent performances of Meryl Streep and Jeff Bridges. In their face-off during the climax of the film, they argue about whether people should be able to make choices after so many people have made decisions that cause needless suffering and sorrow:

The Giver [Bridges]: We could choose better.

The Chief Elder [Streep]: People are weak, people are selfish. When people have the freedom to choose, they choose wrong, every single time.

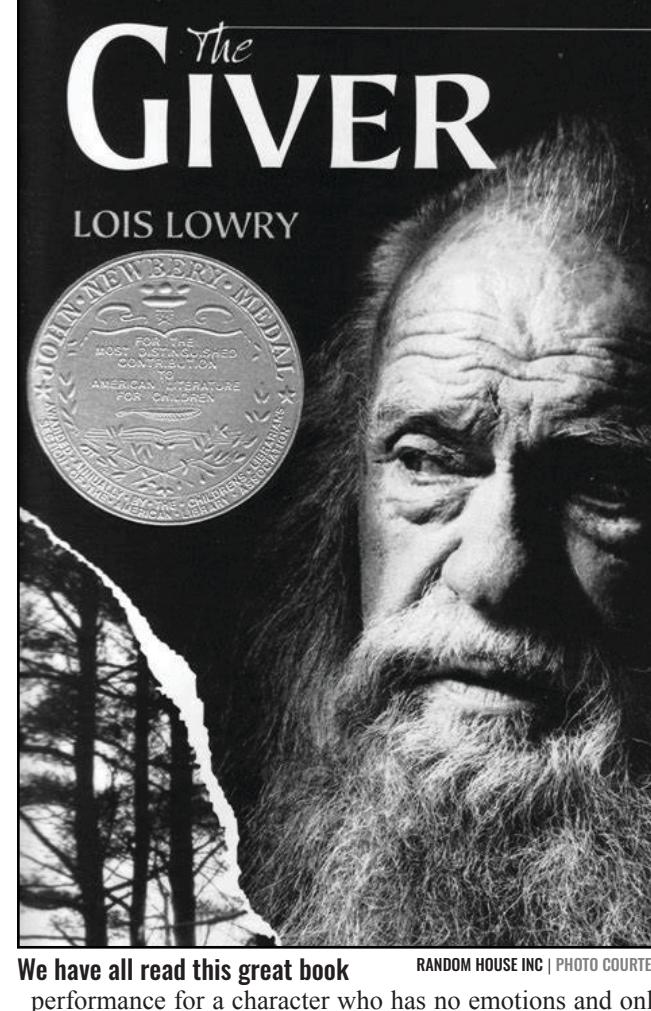
Of course, this great moment is a direct quote from the novel.

One success of the film is its use of color. The citizens of the community take medication to prevent them from feeling emotion. This is represented by a lack of color. To this end, much of the film is in black and white. With Noyce's preponderance of terrible directorial choices, I'm tempted to credit the editing team with this decision, but if it was his then he did one thing right.

The color makes the memories much more powerful, and the gray and beige capture the emotionless drab existence that the community entails. Unfortunately, the futuristic setting does hamper the effect by creating a sense of excitement and wonder in a world that should be characterized by calm even-keeledness.

Jeff Bridges and Meryl Streep were great casting decisions (no matter what character they are cast for). Other performances, however, lacked their appeal.

Katie Holmes (known for her role as Rachel Dawes in Batman Begins) captured the inability to emote exceedingly well. To her credit, I'm not sure how to deliver a good



We have all read this great book

RANDOM HOUSE INC | PHOTO COURTESY

performance for a character who has no emotions and only thinks what the state tells her to. Her solution was a constant deadpan.

Taylor Swift made her live-action debut (after some success with voice acting in the Lorax). As a viewer, it is easy to forget that her character receives memories and should have emotions. Despite her great performance in the music video for Love Story, her strength remains in music and voice acting.

The Takeaway:

Viewers of the film are left feeling like a film executive determined that they had to mimic Hunger Games to sell their product: it's a cheap imitation that does not make sense in The Giver. Even Jeff Bridges and Meryl Streep are unable to rescue this film. 2.5/5 stars, 7 drinks.

The novel is a classic and remains so. In a head to head matchup, it wins hands down. 4.5 stars.

Overcoming defeat, the right way

Losing is not just for losers, it's the lesson we all need right now

Ryan Nix
Variety Editor

Sometimes in life, we get handed lemons and can get to work making some good lemonade. We imagine what the lemonade will taste like and for years get ready to start the process. Other times, all we get is a handshake and a gentle reminder that this time, the thing we wanted didn't go our way.

That's life and it really sucks. Not only because we feel the sting of defeat but we also mourn the loss of success. In many ways, this year has been a defeat for all of us, lost jobs, lost opportunities and canceled events have become the norm.

We need remedies for this, ways to satiate our defeat and move on. Here are three properties I have found that work best for this situation.

Distraction

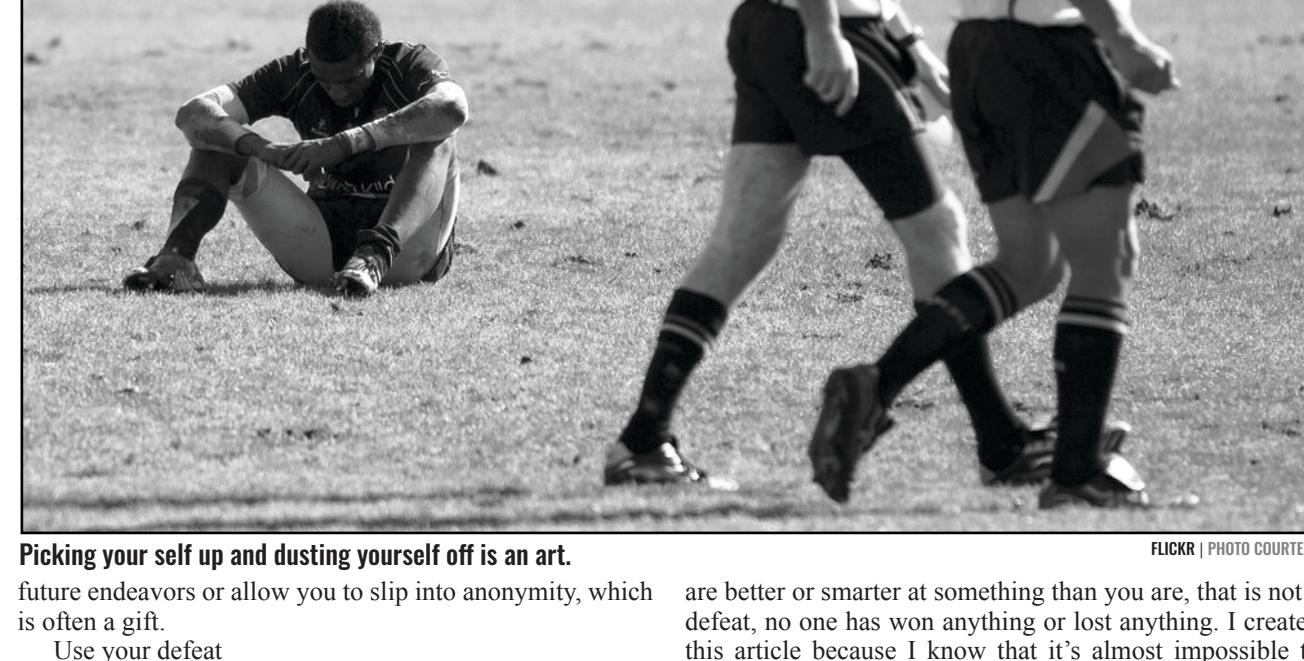
This is for the initial shock, the denial of the situation. We need a way to come to our senses without overloading them. Overburdening ourselves could lead to dangerous activities or outright denial of the circumstances. Both of these will usually just make it harder to move on and feel better eventually.

So, find what makes you the happiest. To be honest, if that thing is slightly destructive in the moment, no one will judge. If you need ideas, look to the past, what did you like to do as a kid? Probably something mindless like video games or climbing trees, both are great options for distraction.

Humility

If a company tells you that you're not qualified for the position, then gracefully acknowledge the shortcomings and quietly work to improve. This is not only the correct way to accept defeat, many times it is the only way. The alternative makes one look worse and further cement your shortcomings in the eyes of everyone.

This is hard, but gracefully accepting defeat makes you look stronger. Looking like a sore loser only grants your adversaries a license for criticism or pity. Accepting your loss, on the other hand, will either boost your credibility for



Picking your self up and dusting yourself off is an art.

future endeavors or allow you to slip into anonymity, which is often a gift.

Use your defeat

Your defeat is almost the perfect excuse to create a new narrative about your life for future interviews, Ted talks or podcast interviews (depending on how big of a deal it was). You may have people counting on you to win in some circumstances, that's where this narrative comes into play.

The people who are supporting you are not just counting on your victory, their counting on your character, your resolve to keep fighting despite accepting one defeat. Winning and losing are not just dichotomies. You can have an unsatisfying win, and a satisfying loss, or a mutually beneficial contest. It's just up to how the participants frame and accept their given dispositions.

Generally, it is not worth it, to make life a competition. Like, if you're talking with someone and realize slowly they

are better or smarter at something than you are, that is not a defeat, no one has won anything or lost anything. I created this article because I know that it's almost impossible to think this clearly all the time.

We want to be the best, not only in the big competitions but in everyday life as well. This is one of the reasons we avoid the advice or training of people who may know more than us. I know this is the reason for some of my shortcomings and I want to work on that.

This is also a means of control. When we are sted-fast in our convictions and leave no other doors open, there's a reason for that. We don't want to accept personal "defeat" so we only listen to those who agree with us.

The best way I can say to combat this response is to stay curious and open your mind to other world views. We need to stay curious and stay humble in order to create any sort of beauty in this world.

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A want or a need? Don't feel pressured to get a new phone

Saylor Elwood
Staff Writer

I've never been the person to keep up with new technology. It might be the way I was raised or just me not understanding the hype surrounding the newest gadget. I was always taught when thinking about buying something new to really think if it's a need or a want, and that might be the reason why I just don't keep up with new technology trends.

The new iPhone just came out and when I heard the price tag on it, my mouth dropped to the floor. I can't imagine just dropping \$1,200 on a phone, especially being a college student. It's not like this phone can do everything for you, I don't see the problem with my iPhone 8+ when it probably does all the same things that the 12 does. So, in my opinion, there is no need for a new phone if the one you already have works just fine.

A lot of my friends keep up with new technology, like the new AirPods or they always upgrade their phones every time a new one comes out. Sometimes I feel a little envious of them, but then I remember I have more important things to spend my money on, like rent or tuition.

After learning where unwanted or damaged electronics go in my media and social change class, it makes me wonder where my friends are recycling their old electronics or if they are recycling them at all. I watched a video for class showing where some recycled technology goes, and it's truly frustrating and heartbreaking at the same time.

If you are more curious about where the "recycled" technology goes I highly suggest watching on YouTube "The Dark Side of Electronic Waste Recycling." In my opinion that video is very eye-opening and will show you the true side of electronic recycling.

Seeing people who run these technology recycling companies take advantage of people that are trying to do the right thing when all they want is to make money without helping the environment is really disheartening.

Make sure when you recycle your old technology that it's going to a reputable place and you know they are doing things ethically. The environmental impact that happens

"So, in my opinion, there is no need for a new phone if the one you already have works just fine."

when you just throw away your phone is huge. Just like tires, you'll have to pay to recycle your old technology but you're doing the earth a favor so don't be a Karen about it.

I am not against getting new technology, but I feel like there shouldn't be so much pressure on people to keep up with it. Every time I buy something that is a little more pricey or it feels like an impulse-buy; I stop and think if I actually need it or if it's just a want.

I read an article a couple of months ago about how if something doesn't bring you joy in your closet, then you should donate it. So maybe, you could use this when deciding if you should buy a new electronic. Ask yourself if it will bring you joy or if you are just wasting your money to keep up with the Jones'.

Maybe if you are feeling the need to get that new phone or those new AirPods, think to yourself if you actually need that or if you are content with what you have already. Another thing you could think to yourself is what that money could



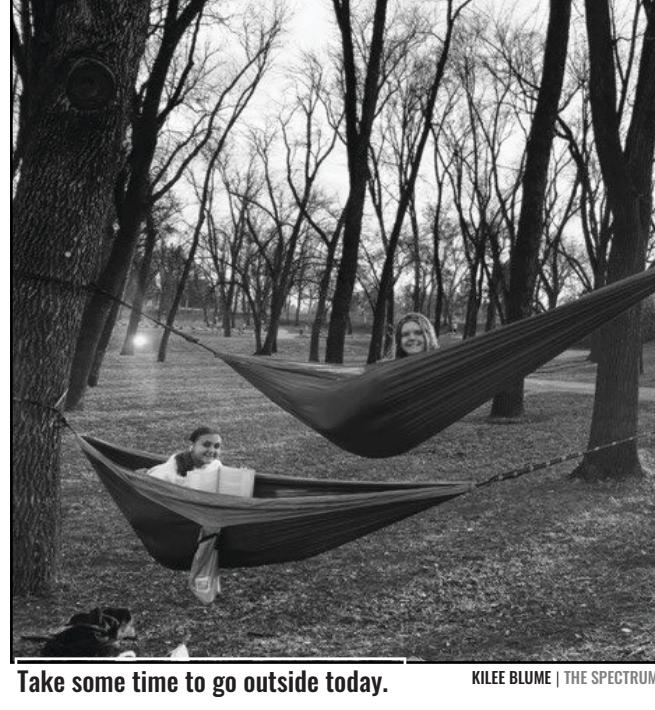
JOHN SWANSON | THE SPECTRUM

Many buy a new iPhone for no good reason without a second thought.

go towards in the future besides an unnecessary new phone.

Obviously, it's your choice if that's the one thing you splurge on, go for it, be my guest. But, if you feel like you are trying to scramble up some extra cash to keep up with the new technology trend for something you don't need, save it for something that will bring you more joy in your life instead of the second of satisfaction you get from a new phone.

Get outside Bison Get some fresh air, your brain needs it



KILEE BLUME | THE SPECTRUM

Take some time to go outside today.

Kilee Blume

Staff Writer

According to a professional at Harvard Medical School, Dr. Stauss, "It appears that interacting with natural spaces offers other therapeutic benefits. For instance, calming nature sounds and even outdoor silence can lower blood pressure and levels of the stress hormone cortisol, which calms the body's fight-or-flight response." It's that easy people...get outside. Get some fresh air, your brain needs it.

Going outside can improve your energy, relieve stress, get your creative juices flowing and is great for your mental health. It is such perfect weather to go outside and there are so many things to do in the Fargo-Moorhead area that involves being outside. This past week I went to a park near campus, as well as Lindenwood Park. At both of these parks, my friends and I went 'mocking' or hammocking. Some of them did homework, unlike me, who took a nap in the hammock.

While being at a park near campus, Percy Godwin Park, many people were out walking their dogs, playing a sport or hammocking. At Lindenwood Park, there were many people walking on the trails with their dogs, along with some who were biking or rollerblading.

This week may be one of the last warm weeks we will have for a while, why not get outside and enjoy it? My goal for this week is to spend at least an hour outside a day and

I think you can complete this goal too. Before we know it, there will be snow on the ground and we will be bundled back up in our parkas, hats and mittens. I know I am not looking forward to it, but I am enjoying the nice late fall weather we are having right now.

Around campus, I have seen a lot more people than usual out and about. There are people actually walking to the dining centers, rather than taking the tunnels and I have seen a lot of longboarders and people playing spike ball. It is such a joy seeing everyone take advantage of this warm weather, you should be taking advantage of it too.

Some fun things to do outside when the fall weather is beautiful like this include: walking downtown, go look at the cool street art (and take some Instagram worthy pics), walk around campus, go to a park, go to the Red River Zoo, or maybe even go golfing. I know I will be completing some of these things on this list in the next few weeks. Some more ideas may be found via NDSU Campus Attractions, these are more than likely fun, even though a lot of it is over Zoom.

All I am asking is that you go outside this week. Get some fresh air, give yourself a break from homework. You will feel less stressed, feel more creative and have better mental health. Just by being outside for an hour I can tell that I have more energy, feel more relaxed and am happier. Imagine how less stressed, happier and more energized you would be by going outside today. Get outside Bison.

Organize yourself

Tips to help you plan and prepare for upcoming finals



DELANEY HALLORAN | THE SPECTRUM

Color-coordinating your calendar keeps you organized and looks great too.

Molly Puhrmann

Contributing Writer

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Online Democrats throwing some shade

Twitter post-election dumpster fire

Abigail Faulkner
Staff Writer

Like most Americans, I spent the evening of Tuesday, Nov. 3 glued to the television watching the states report their votes hour after hour. I sat on the sofa discussing possible outcomes and what states each candidate would receive. Each person seemed to have their own theory and some states, like Nevada, were still counting ballots.

In the days that followed, I checked Twitter every day to see if a winner had been called and I noticed a disturbing trend of people becoming increasingly hostile and angry towards one another.

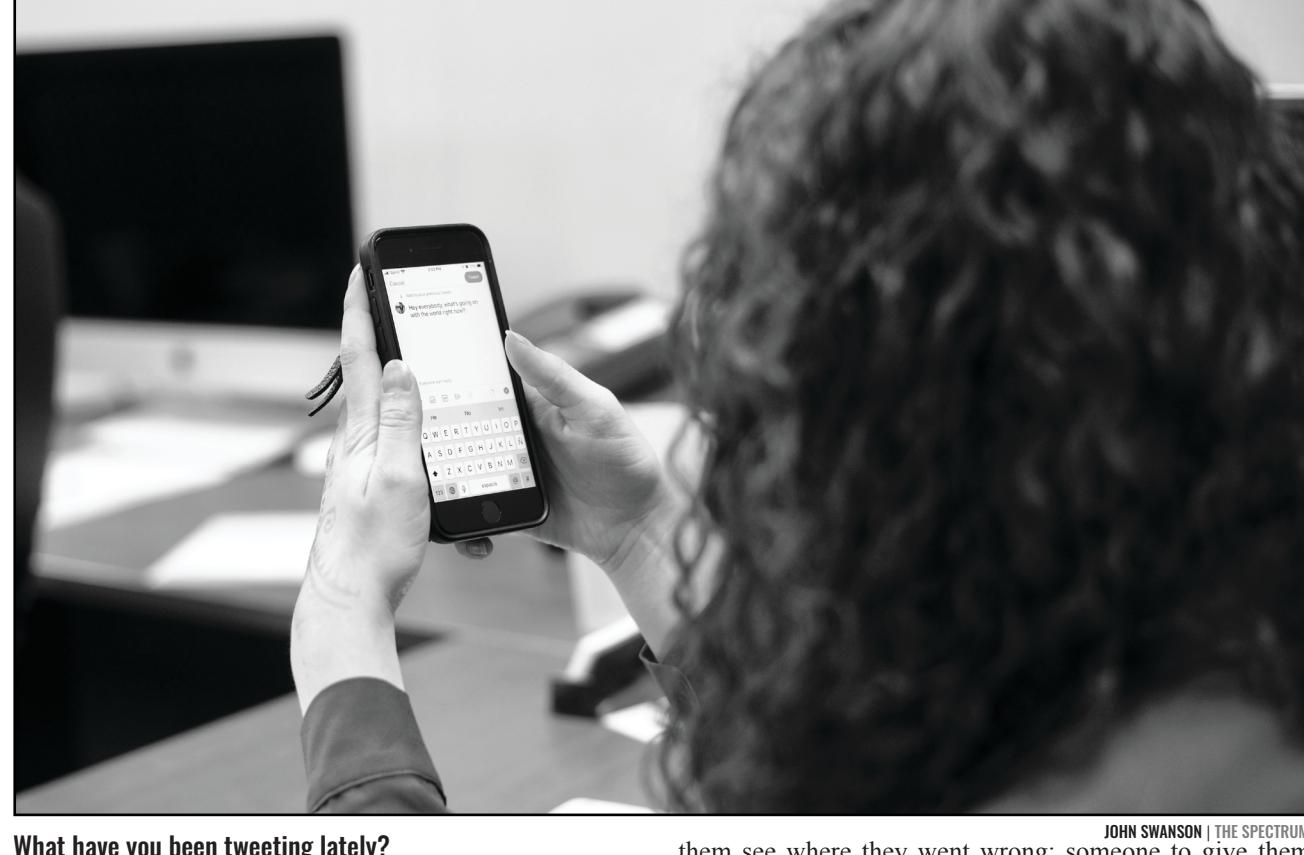
One Twitter user said "If you voted for Trump, we will never forget that you chose the side of hatred and greed. You will always be complicit in his 'atrocities.'" Another tweet said, "If you voted for Trump ya moms a hoe." And finally, "[I]f you voted for Trump, you're racist and trash just like him."

The amount of hatred and anger being directed towards others online from people behind their phones has been truly sad to see. I do know people who voted for Trump, many of whom are genuine and kind people. I have also been able to meet with Biden voters who are equally wonderful people.

If you truly believe that every single person who voted for Trump, all 71 million of them, are bigoted, horrible people then you have fallen into the trap of putting people into boxes. People are really complex and diverse. There are stories behind every ballot.

I have heard many people say that they voted for Biden because they were afraid of what would happen to some of their human rights if Trump was going to serve a second term. This is a statement I truly didn't understand until I had a conversation with someone who voted democratic this election.

I thought that if our rights are protected by the Bill of Rights and if the Supreme Court is there to draw lines in the sand, why would people worry about their rights? Then I started talking with others. They started to bring issues to my attention that I wouldn't have known about otherwise.



JOHN SWANSON | THE SPECTRUM

What have you been tweeting lately?

People began to tell me about their healthcare, and how they thought if Trump won again they would be without. I read about people fearful if Trump won again they would be evicted in a pandemic still unable to find another job.

These issues and these conversations helped me understand why so many groups were so concerned and fearful about this year's outcome. That's where these tweets go wrong. They close off avenues of communication and don't allow others to see their perspective. People are more than their ballot and sometimes they need someone to help

them see where they went wrong; someone to give them more information.

We can't just say we won't be friends with someone because of their vote. We should stop being friends with someone who hates people of color. We should stop being friends with someone who hates women. But we should not deny people the opportunity to enrich themselves and have a more formed opinion. It should be about bridging the gap between Republicans and Democrats to find solutions that benefit all people. Cutting off communication is not the way.

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NFL midway point: MVP Race

Mahomes overtakes Russ as the MVP favorite

Mason Urban
Staff Writer

With the NFL season just over halfway to the finish line, the MVP race is starting to heat up. The favorites are starting to separate themselves from the pack, and with the season winding down, time is running out for players to make their cases.

5. Tom Brady

Brady would probably find himself a little higher on the list if it weren't for his awful performance in week nine against the Saints. However, he has given the Bucs a much-needed jolt and has them squarely in the playoff race. He is averaging 266.4 yards passing a game, along with 20 touchdown passes. Unfortunately, he has already thrown seven interceptions, just one less than he had all of last season.

4. Kyler Murray

Murray has been the leader of a potent Cardinals offense, where he is dangerous with both his arm and his legs. Most people thought Arizona was a year away from contending, however, at 5-3 the Cardinals are looking like a playoff team. He is averaging 266.3 yards per game passing and has 16 touchdown passes and seven interceptions. Although, he is also adding 67.9 rushing yards per game and has eight rushing touchdowns as well. He has also made history this season, as he is the first player in league history to pass for 2,000 yards and rush for 500 yards through eight games.

3. Aaron Rodgers

This is where the candidates start to separate themselves from the rest of the pack. Rodgers has had a great season, averaging 281.6 passing yards per game while throwing 24 touchdowns and just two interceptions. Through nine weeks, he leads the NFL in passer rating (117.5) and QBR (87.6). Rodgers has done a great job bouncing back from a poor outing against Tampa Bay, as he has thrown 11 touchdowns and zero interceptions in the three games since.

2. Russell Wilson

Wilson saw his time as the MVP favorite vanish this past week after a poor performance against the Bills. He has still had a tremendous season, however, averaging 317.6 passing yards per game to go along with a league-leading 28 touchdown passes and eight interceptions. While the Seahawks are 6-2 thanks to Wilson's brilliance (and no thanks to their defense), he has committed seven turnovers over his last three games, allowing the new MVP favorite to not only close the gap but take the lead.

1. Patrick Mahomes

It feels like Mahomes has snuck up on us this year as we have all just become used to his greatness. He is averaging 298.6 passing yards per game while throwing 25 touchdowns and just one interception. Week nine saw Mahomes throw his 100th touchdown pass, breaking Dan Marino's record for the fewest games needed to reach the milestone with 40. He ranks second in the league in passing touchdowns (25), second in passing yards (2,687) and third in passer rating (115.9) this season. With the Chiefs sitting at 8-1, it's hard not to consider them the Super Bowl favorites at this point.



Russ lost ground to Mahomes after seven turnovers in the last three weeks

AP/ELAINE THOMPSON | PHOTO COURTESY

The Masters...in November

NFL games and The Masters in the same week, there are weird times

Andrew Haugland
Staff Writer

Every year the best golfers from around the globe gather at Augusta National Golf Club to play one of the most iconic tournaments of all time, the Masters. Augusta National Golf Club located in Augusta, Georgia and it is widely regarded as one of the hardest golf courses in the world.

With the prestige surround the Masters, there is no qualifying tournament or tournaments to participate, the only way to play is to get invited.

The tournament spans four days, and this year the tournament features 96 players. The purse for the 2020 Masters Tournament will be a hefty \$11.5 million paid out to golfers who make the cut. To make the cut golfers must be in the top 50 places, this includes ties as well as those who are within ten strokes of the leader. The winner of the tournament will take home \$2.07 million and win the highly coveted Green Jacket.

Among the 96 golfers competing in the tournament, 14 players playing have won the tournament before. This includes Zach Johnson, Phil Mickelson, Jordan Spieth

and Tiger Woods. However, none of these players are considered the favorite to win the tournament.

According to DraftKings Sportsbook, Bryson DeChambeau is projected to win the tournament, after a stellar performance at the US Open at Winged Foot. DeChambeau separated himself from his fellow opponents winning the tournament by six strokes or six under par. The runner up Matthew Wolff finished his tournament at even for par.

Other golfers projected to compete for the title including Dustin Johnson, John Rahm, Justin Thomas and Rory McIlroy. Johnson who is currently the number one golfer in the world, tied for second with Hideki Matsuyama last week in the Houston Open. Rahm is currently ranked the second-best golfer in the world behind Johnson.

Thomas, who tied Rahm for second at the Zozo Championship is also one of the top golfers in the tournament. Thomas is ranked the third-best in the world.

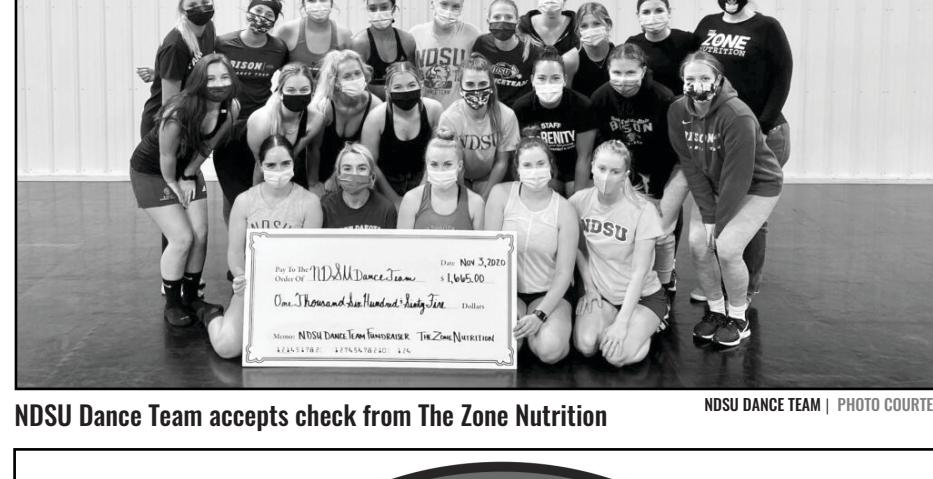
The Masters has been traditionally played in the first week of April, but due to the, you know, worldwide pandemic, it was pushed back this year to November.



Tiger is looking to win his sixth Masters title

KEITH ALLISON | PHOTO COURTESY

Successful Fundraising for the Bison Dance Team



NDSU DANCE TEAM | PHOTO COURTESY

NDSU Dance Team accepts check from The Zone Nutrition

Maddie Wood
Contributing Writer

The Bison Dance Team is wrapping up fundraising for the 2020-21 season. Members of the team are responsible for a significant portion of the funds necessary to compete at UDA Nationals Dance & Cheer Competition. Fundraising normally takes place throughout the summer and fall. This year, raising money has been a successful process for the NDSU Bison Dance Team.

On Oct. 18, the dance team collaborated with The Zone Nutrition in West Fargo. Supporters of the Bison Dance Team ordered their favorite shake and tea flavors. Those who came were

also able to enter door prizes. Local businesses pitched in for door prize giveaways.

The Bison Dance Team not only worked the fundraiser, but also performed every half hour. They showcased a jazz and a hip hop half time routine as well as football sidelines. It was an amazing opportunity for the team to perform, as several of their performances have been postponed due to the global pandemic.

The NDSU Bison Dance Team fundraised a total of \$1,665 at The Zone Nutrition. The team is very grateful for the continuous support and donations. The money collected from fundraising will cover costs for the team to compete at UDA Nationals in Orlando, Fla in April.



Up next in MLS: The playoffs

The cup playoffs are finally here

David Hoffman
Staff Writer

Decision Day has come and gone in the MLS. That means we know which teams will be in the playoffs come November 20. We'll take a look at who's made it and what to look for in the early matches, but first, let's see what the 2020 MLS Cup Playoffs format looks like.

Like every sport, the 2020 playoffs are different the most years. MLS has also had some rapid expansion in the sports world perspective. This has led to a lot of change in the playoffs in the past half decade.

Currently, MLS has 14 teams in the Western conference and 12 in the Eastern. The playoffs accommodate for this imbalance of teams. In the west the top 8 teams all automatically qualify for the playoffs. In the East, 1-6 qualify automatically as well. Then, teams ranks 7-10 qualify for a play-in round against each other.

Unlike some other popular soccer playoffs around the world, MLS will not have a group stage. Instead they will stick with just the bracket stage.

One more accommodation that was made for games missed due to COVID. Each team was scheduled to play 23 games. Every team in the East reached 23 games, but several West teams missed games. In these cases, their position was adjusted for. However, these adjustments didn't cause any teams to be bumped out of the playoffs, but it did change the rank of some of the teams.

Let's look at the teams who made in the East. At the top is the Philadelphia Union and winner of the Supports Shield with 47 points. Behind them in order is Toronto FC, the Columbus Crew, Orlando City, NYCFC, and the New York Red Bulls. As a reminder, these top six are automatically qualified.

Qualifying for the play-in in order of rank are first year franchise, Nashville SC, the New England Revolution, the Montreal Impact, and the other first year franchise, Inter Miami.

In the west, the top spot was a battle. The top three teams in order, Sporting KC, the Seattle Sounders and the Portland

Timbers all finished with 39 points. However, Sporting KC got those 39 points in 21 games, Seattle in 22, and the Timbers in 23. This is where missed games really came into play.

The next five spots in order belong to Minnesota United FC, the Colorado Rapids, FC Dallas, LAFC and the San Jose Quakes. Colorado was another team especially affected by missed games. They only played 18 of 23 games. Their 28 points would have barely got them in the 8th rank spot, but they were bumped up to 5th place instead.

A fair bit of movement and big news came out of Decision Day. Sporting KC secured their number one spot in the West in a win over Real Salt Lake that took place in the snow, a rare site in MLS. As mentioned before, they were ranked just above Seattle, last year's MLS cup winner.

Minnesota United moved into 4th giving them a home game in the first round. Come game day, we might get to see another snow game this season thanks to the chilly Midwest weather.

Other big news would be Philadelphia securing the number one spot. This is the first Supports Shield for the team who has also yet to make it to an MLS Cup.

Montreal and Miami snuck into the 9 and 10 spots in the East that day as well edging out the Chicago Fire and DC United.

The two play-in games will be on Friday, November 20th with the rest of the round one matches being played though Tuesday the 24th. As in most brackets, the high ranks will play lower ranks.

One of the key matches to watch in round one will be LAFC (7) versus Seattle (2). LAFC fell late in the season, meaning they are extremely strong despite being ranked 7th. They met 3 times this season with Seattle taking 2 wins, both at home.

Both four versus five matches are looking pretty competitive as well. Minnesota and Colorado in the West both met just a couple of weeks ago with Minnesota barely winning 2-1. Colorado is one of the few teams sporting a winning away record at 5-3-1. In the East, it's Orlando City versus NYCFC. These two met once already tying 1-1.



Kacper Przybylko helped lead the Philadelphia Union to the top of the East.

THOMAS HILMES | WIKIPEDIA

PHOTO COURTESY

The 'Sox' squads find new Hey, we know these guys

Ian Longtin
Sports Editor

Both 'Sox' teams have committed to some, well, 'new' managers if that is what you want to call them. After firing Alex Cora a year ago due to his involvement with the Houston Astros sign-stealing scandal (Cora was also suspended for the season by the MLB), the Boston Red Sox brought in their old flame after the team's abysmal 2020 season. Meanwhile, the Chicago White Sox brought 76-year-old former World Series-winning manager Tony La Russa out of retirement. Both hirings are peculiar, yet intriguing for different reasons.

Cora's success with the Red Sox, including multiple trips to the playoffs and a World Series victory in 2018, coupled with his reputation as a players' first manager may have forced the Red Sox hand. While Cora's name will forever be attached and perhaps stained by his role as a cheater. A quick turnaround in Boston could make Red Sox fans forgive him sooner rather than later. Winning cures all in sports. Ask Tyreek Hill and the Kansas City Chiefs.

Cora has also helped himself by owning up to his mistakes.

"I deserved what happened this year. I'm not proud of it."

Cora's second chance may even lead to a team giving Carlos Beltran another shot at skipper as he was fired before managing a game for the Mets after he was named as one of the leaders of the Astros cheating scandal.

La Russa's hiring was met to some dismay from fans and players. His reputation speaks for itself. He is a three-time World Series champion as manager and has 34 seasons of managerial experience under his belt.

However, his old-school style of coaching coupled with the young 'let the kids play' White Sox roster has the makings of a strange concoction.

Chicago's roster has the talent to be a potential World Series contender not just now, but for multiple years to come, so La Russa's hiring is a massive risk for ownership if the growth of the young stars on the team is stunted.

There is also the matter of La Russa's criticism of Colin Kaepernick after the quarterback kneeled for the national anthem in 2016 that has caused some backlash.

La Russa questioned the sincerity of "a guy like Kaepernick" and said disrespecting the flag was "not the way to do it."

Now, four years later, La Russa was questioned about his comments soon after he was hired.

"I know in 2016 when the first issue occurred, my initial instincts were all about respecting the flag and the anthem and what America stands for. A lot has gone on in a very healthy way since 2016, and not only do I respect but I applaud the awareness that has come into not just society but especially in sports."

"If you talk about baseball, specifically, I applaud and support the fact they are now addressing, identifying the injustices, especially on the racial side. As long as it's peacefully protested and sincere."

While this may put to bed any questions La Russa's players may have on their new manager's stance on the protests against racial injustice, there is now the question of whether La Russa's second stint with Chicago (he managed the team from 1979-1986) may be short-lived.

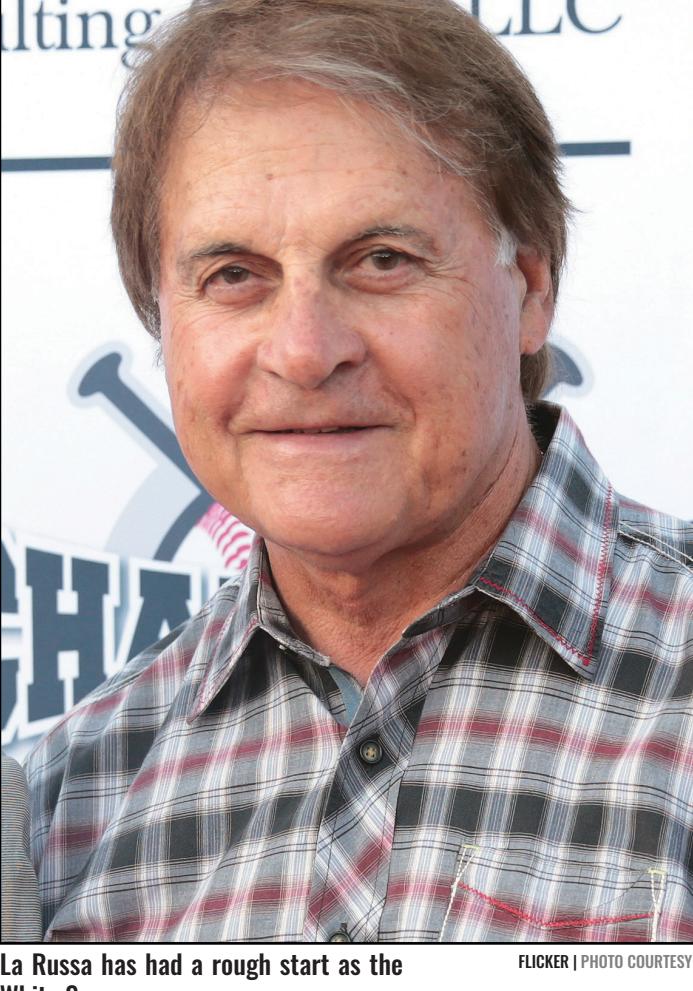
La Russa was charged with a DUI in late October from an incident that occurred in February.

In the incident report obtained by ESPN, La Russa told the officers, "Do you see my ring? I'm a Hall of Famer baseball person."

A blood test revealed La Russa's BAC to be .095 the night he was arrested. Right now the White Sox and La Russa are in wait and see mode on the pending case.

It certainly has not been the most ceremonious transition for the White Sox with their new skipper, and in light of the new details of his DUI charge, letting La Russa go is still on the table.

However, if La Russa is indeed the one on the top dugout step for Chicago in the spring, he will be expected to win, and win fast as patience with fans and his players may already be running low. La Russa said it himself, he is in fact a "Hall of Famer baseball person" so finding early success with his team is absolutely possible.



La Russa has had a rough start as the White Sox new manager

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