

## NEW LABEL / WHAT'S DIFFERENT

Servings:  
larger,  
bolder type

### Nutrition Facts

8 servings per container  
**Serving size 2/3 cup (55g)**

**Amount per serving**  
**Calories 230**

**% Daily Value\***

**Total Fat** 8g **10%**

Saturated Fat 1g **5%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 160mg **7%**

**Total Carbohydrate** 37g **13%**

Dietary Fiber 4g **14%**

Total Sugars 12g

Includes 10g Added Sugars **20%**

**Protein** 3g

Vitamin D 2mcg 10%

Calcium 260mg 20%

Iron 8mg 45%

Potassium 235mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Serving sizes  
updated

Calories:  
larger type

Updated  
daily  
values

Actual  
amounts  
declared

New  
footnote

New:  
added sugars

Change  
in nutrients  
required

